



## South African Society for Parenteral and Enteral Nutrition (SASPEN)

Dear Participant

Thank you for registering to complete LLL course, Nutritional Support in Renal Disease. We look forward to hosting you and having an engaging and valuable session.

This workshop forms part of the Life-Long Learning (LLL) program hosted by the European Society for Clinical Nutrition and Metabolism. The LLL programme in Clinical Nutrition and Metabolism is an innovative and effective educational programme for medical doctors and health specialists offering online training and live courses, using a variety of modern training methodologies and resources. The LLL programme in Clinical Nutrition and Metabolism is based on an Educational Curriculum offering more than 120 training modules, created and peer-reviewed by recognized experts in the field. Each module consists of an updated review of a certain problem, a clinical case, a self-assessment test, and a grading quiz.

The enrolment for each topic provides free access to the educational content and the opportunity to earn certificates. The LLL programme automatically adds each topic studied by the participant to the individual portfolio generated by the system after registration.

For more information, please visit <https://www.espen.org/education/lll-programme>

In preparation for the workshop hosted on Saturday, 18 November 2023, there are a few steps you first need to do:

**Step 1:** You need to register for the LLL program at <https://lllnutrition.com/>. This is at no additional costs to yourself.

**Important note:** Save your username and provide it with your registration for the course, as we will need this to confirm with the ESPEN LLL team that you have completed the course.

**Step 2:** You now need to enroll for the course that you will be completing at the congress. Log in and proceed to the tab, module course. A list of topics will appear. Please scroll until you get to the topic(s) that you have registered for. The selection at the congress is:

- Topic 15: Nutritional Support in Renal Disease

**Step 3:** Click on the topic you have selected, and on the following screen there will be a tab "Self enroll". Click on this and the topic will be added to your account.

**Step 4:** You now have access to the topic. Each topic consists of 4 modules with its own reading material. We recommend that you peruse this material beforehand as this will assist in a more engaging session as well as passing a MCQ test at the end of the live course next week. There are also some preparation tests at the topic on the LLL website if you want to go through them.

Please note that if you choose not to register for the course on the LLL website, you will still be allowed to attend the course, however, you will not be allowed to complete the test at the end and accrue LLL credits.

Happy reading.



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Regards

Vanessa Kotzé

SASPEN LLL Director